

Faith Talk *Activity* - June 7, 2026

Family-Friendly Activity: Light Reveals Truth

Materials needed:

- Dark room or closet
- Flashlight
- Paper with confessions written on it
- Markers
- Bible

Instructions:

1. Start in darkness:

- Go into a dark room or closet
- Say: "When we're in darkness, we hide our sin and pretend it's not there"
- Let everyone experience the darkness for a moment

2. Turn on the light:

- Shine flashlight around
- Say: "Light reveals what was hidden. God's light shows us our sin."
- Talk about how things that were invisible become visible

3. Write confessions:

- Give each person paper and marker
- Write one sin/struggle each person struggles with (anonymous is fine)
- Examples: "I got angry," "I lied," "I was unkind"
- Keep them in the light (don't hide them)

4. Read them aloud together:

- One person reads each confession
- Others respond: "That's honest. That's the light."
- Say: "Admitting sin is not shameful—it's the way back to fellowship with God"

5. Tear them up in the light:

- Safely tear or burn the papers (supervised)
- Say: "When we confess, God forgives and cleanses us"
- Watch them disappear

6. Celebrate in the light:

- Stay in the light together
- Read 1 John 1:7: "The blood of Jesus cleanses us from all sin"
- Talk: "What does it feel like to be in the light, honest and forgiven?"

7. Daily practice:

- Each night, "confess in the light"
- Name one sin to God
- Receive His forgiveness
- Sleep in the freedom of the light

Visual and powerful to help kids understand that light reveals truth, and that's actually a good thing.